



Joint Action Plan

Frederiksborg County in Denmark

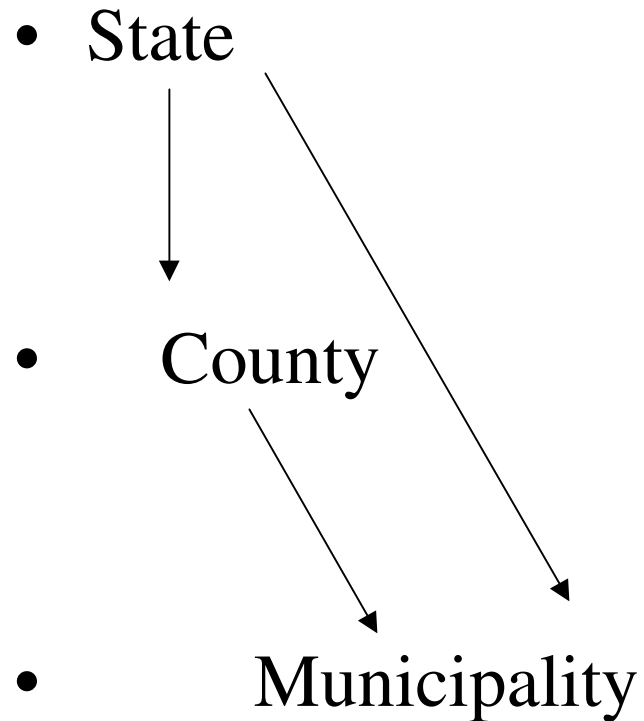
Speaker: Dementia Coordinator Karin Dahl

Dahl@fa.dk

Frederiksborg County

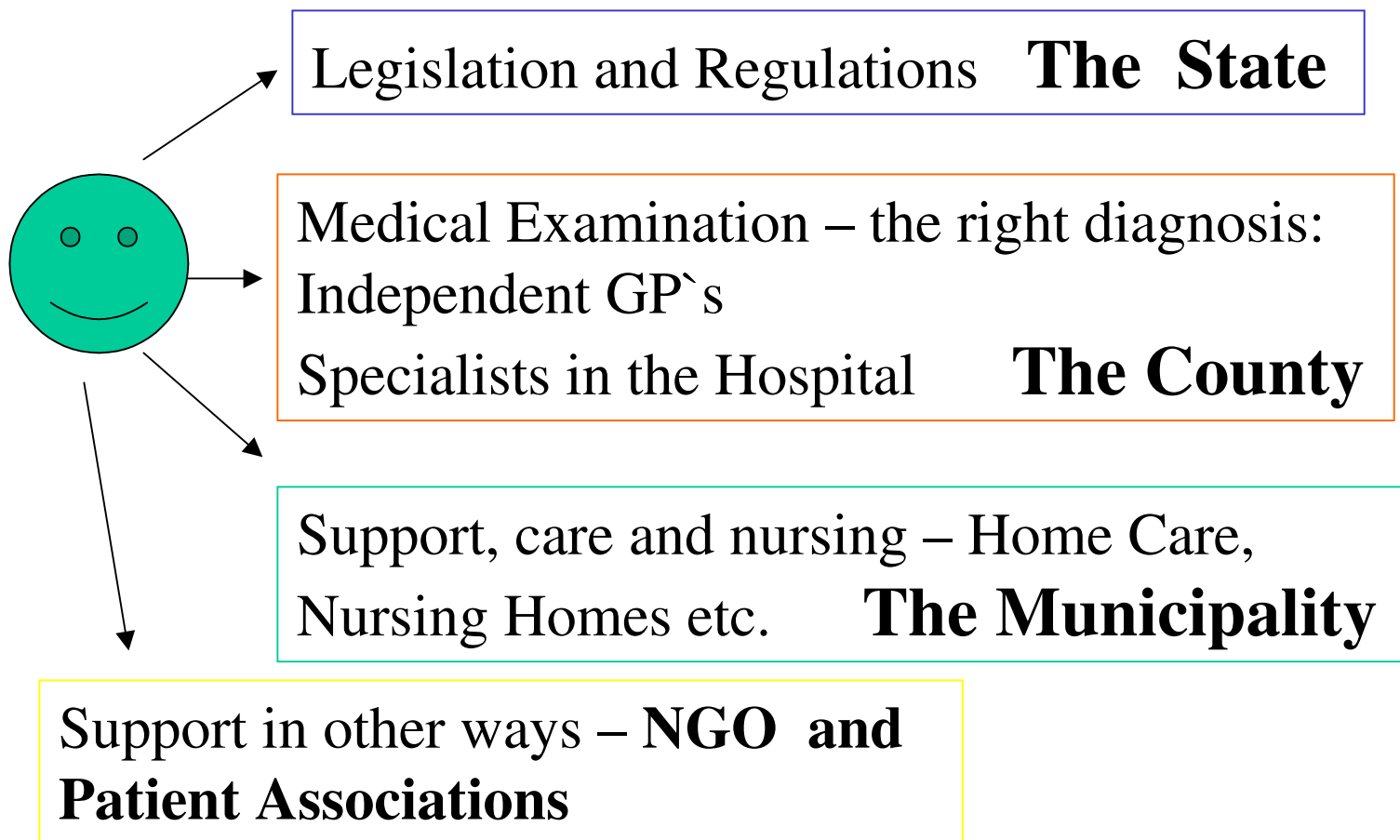
- Primary Municipalities: 19
- GP's: 245
- Hospitals: 4
- NGO's involved: 5
- County, 3 areas involved: Mentally retarded
Psychiatry
Abuse

Decentralization



- Taxes:
 - State Taxes
 - Regional Taxes
 - Local Taxes
- Different level of Services

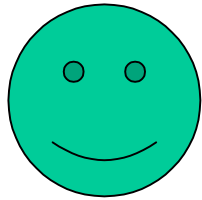
Welfare in Denmark according to Dementia



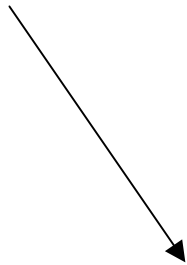
Why a Joint Action Plan

- Non-coherent effort
- Increasing number of elderly people
- New examinations and treatments
- New methods developed but not shared

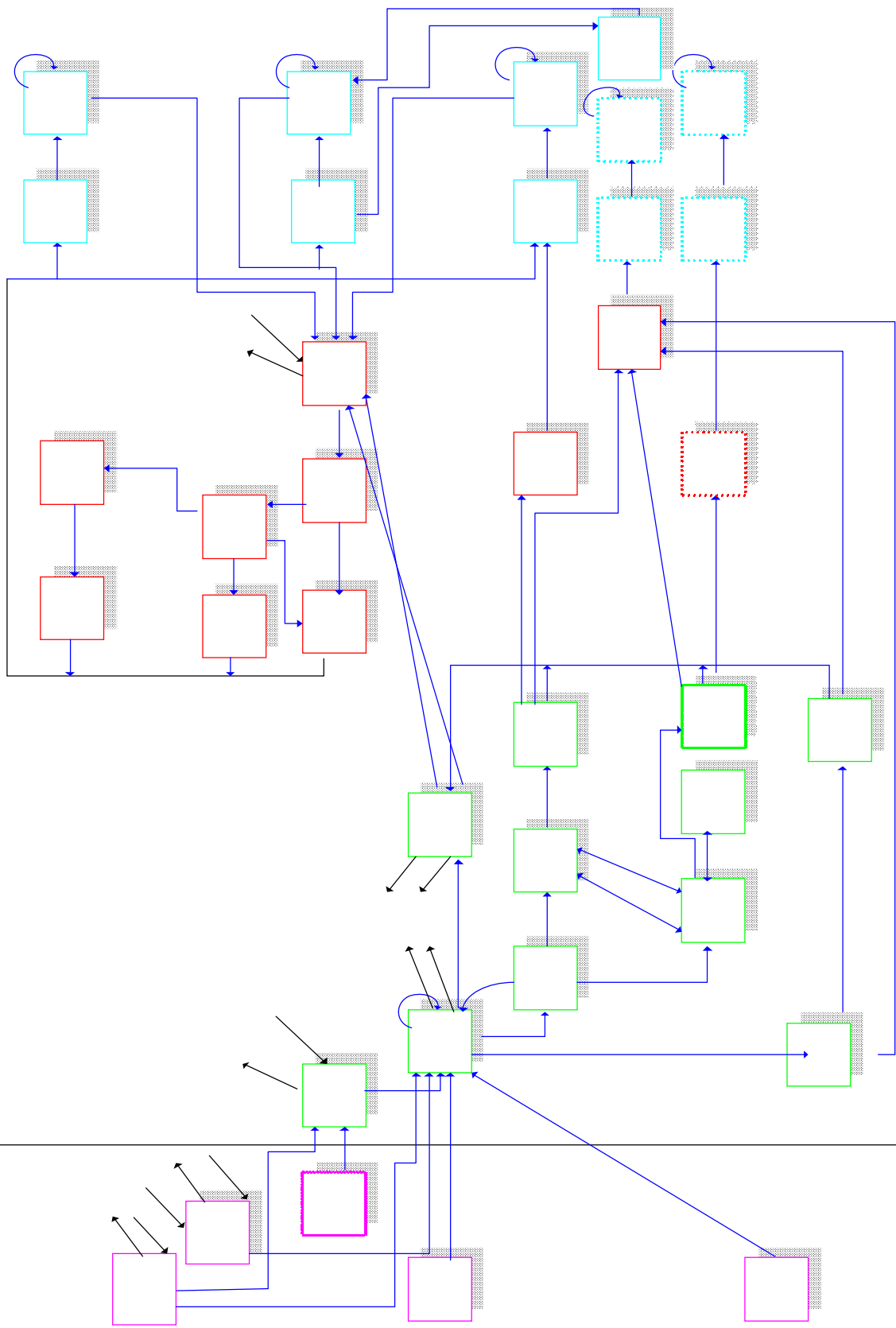
Purpose



Increase the coherent effort
for demented people and
their relatives.



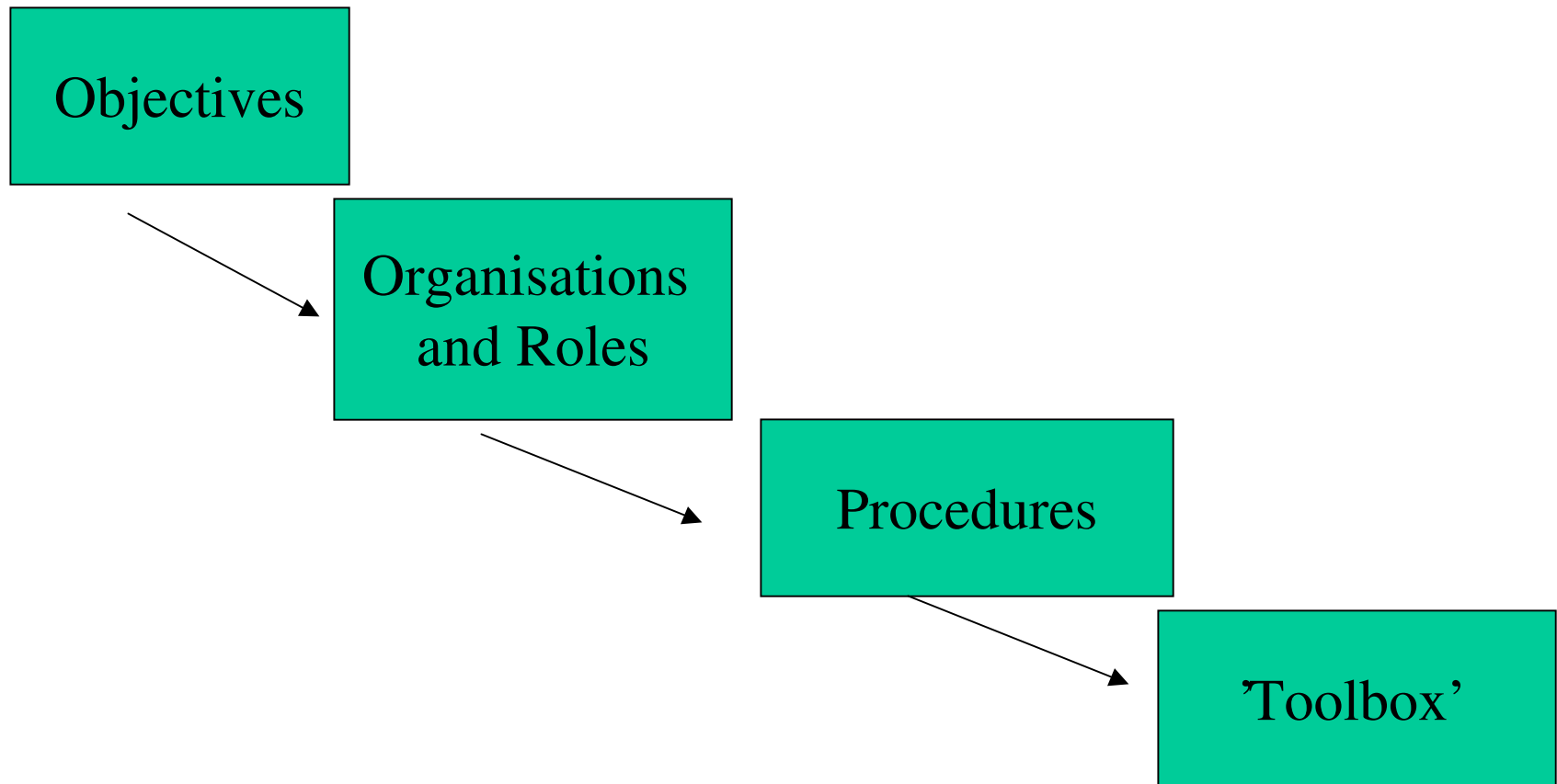
Develop a model for improved 'Joint Action'



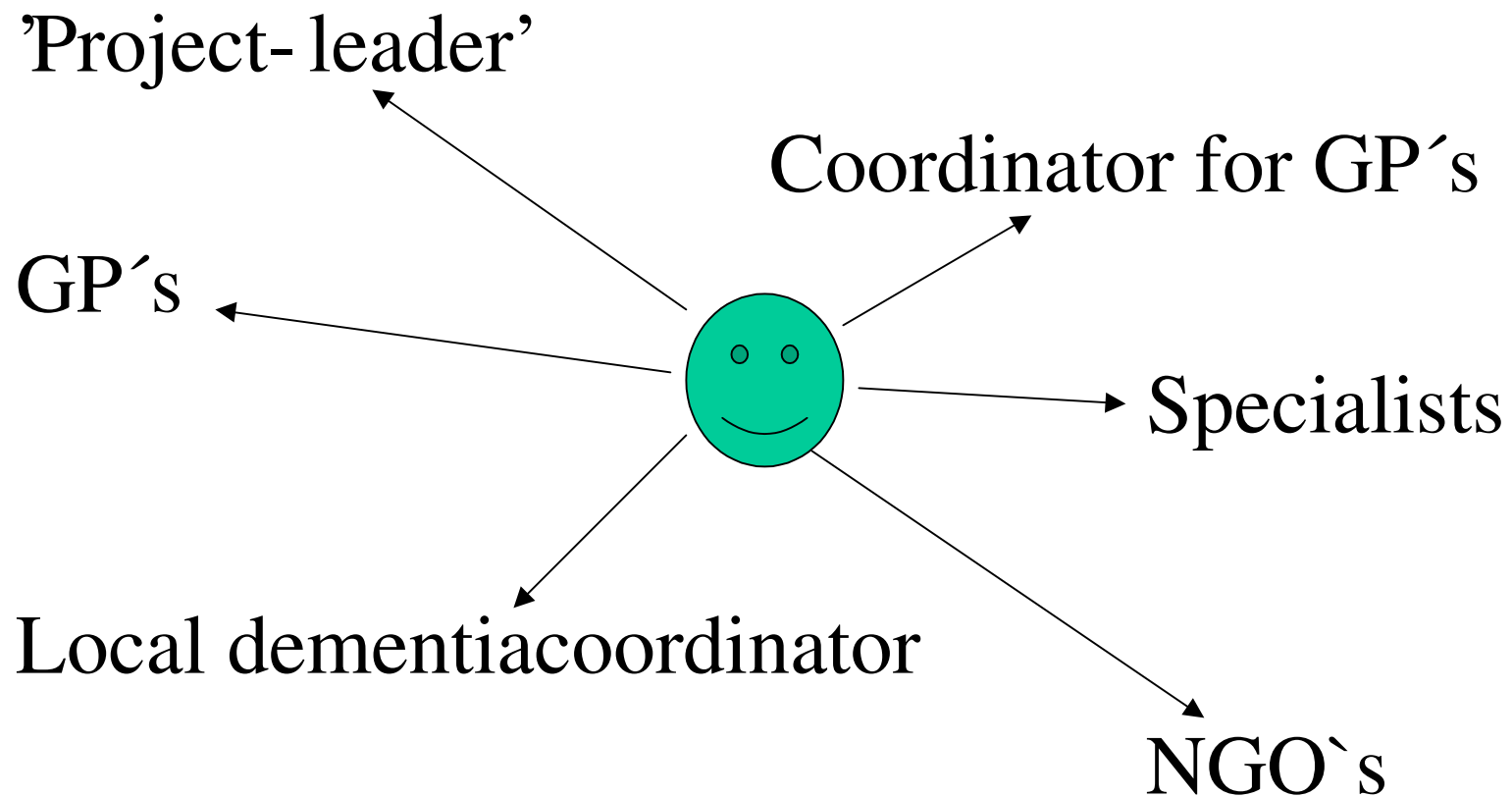
It takes time !!

- **Summer 1998**
 - County workinggroup
- **February 1999**
 - Contact from Ministry of Social Affairs
- **April 1999 to March 2000**
 - Producing an analysis of all involved areas
- **April 2000 - October 2000**
 - Developing the Model
- **Oktober 2000 – September 2001**
 - Politically consent to the models intention + next projekt – developing educational materials
- **September 2001 - december 2002:**
 - Continous implementation begins

The Joint Action Plan consists of following elements



'Key -holders'



Two Central Coordinators

Project Leader

- **Ensure implementation**
- **Ensure continuous development**

Coordinator for GP`s

- **Responsibel to secure knowledge:**
 - **Dementia**
 - **The Joint Action and its tools****to all GP`s**

Two Regional Keyholders

GP`s

- **Diagnostic and treatment**
- **Supporting the best planned social support**

Specialists

- **Specific diagnostic and treatment**
- **Supporting the best planned social support**

The Local Dementia Coordinator

- Contactperson
- Coordinating - right/needed individual service
- Creating Information
- Education
 - The Joint Action Plan and its 'tools'
 - Dementia
- Support to relatives

Attitudes: BPDS

- **BPDS expresses**
- **BPDS Symptoms**

Intervention when BPDS

- Medical examination
- Drug adverse effects
- Analysis
- Who suffers ?
- Who must act ?

Drugs and BPDS

Experiences from Denmark

Describe:

Diazepam

Source: Consultant Psychiatrist
Niels Christian Gullmann

If necessary prescribe:

- **Risperidon**
- **Olanzapin**
- **Carbamazepin**
- **Citalopram**
- **Donezepil**

Services in a municipality

Fredensborg-Humlebæk

- **19.946 citizens**
- **2.493 (+67y)**
- **650 recipients**
- **3 nursing homes (100)**
- **3 special units for demented people (26)**
- **2 activity-centers**
- **2 day-care-centers**
 - **Special days for demented people, fx 1 mensgroup and a group for younger people, bus daycare-group**
- **Groups for relatives**

The Effectdatabase

Udredning / Revurdering - Microsoft Internet Explorer

DEMENS

Aktør
Karin Dahl

Alias
- Intet alias -

CprNr.
1710772475

Skift

- Tidligere udredt
- Udredning / Revurdering
- Godkend / afvis udredningsresultat
- Opspor. /Opfølg. /Tilsyn
- Registrere henvisning
- Udredning DUE
- Henvisning
- Visitation / Revisitation
- Funktions- og adfærdsprofil
- Oplysningsark
- Samtykkeerklæring
- Læge - Scanning
- Læge - Henvisning
- Læge - Opfølgning /

CPR-nr	1710772475	Navn	Børge Børgesen	Civilstand	Enke/Enkemand
Kommune		Adresse	solVej 10 1, 1, 1 4690 Haslev	Egen tlf.	99887766
		Erhverv			pensionist

Historik

Dato	Sted	Aktør
02-09-2003	Kommune	Torben Nikolaisen
20-08-2003	Amt	Karin Dahl

Viser 1 til 2 af 2

Udredning / Revurdering

1. Konsultationsdato 02-09-2003

Rekvirent Borgeren selv

MMSE 15

Demensgrad Formodet dement

Scanning Ingen scanning

Boform Privatbolig

Samlivsform Enlig

Kørekort Har og anvender kørekort

Kontakt til frivillige Ældresagen

Udredt / slutdato

Resultatdiagnose Formodet dement

Afslutningsårsag Ønsker ej udredning

Startdiagnoser

Angiv startdiagnose

Demens uspecificeret
Alzheimer demens

Underdiagnoser

Angiv diagnose

Depression

Medicinsk Ordination

Angiv ordination

Antidepressiva
Parkinson medicin

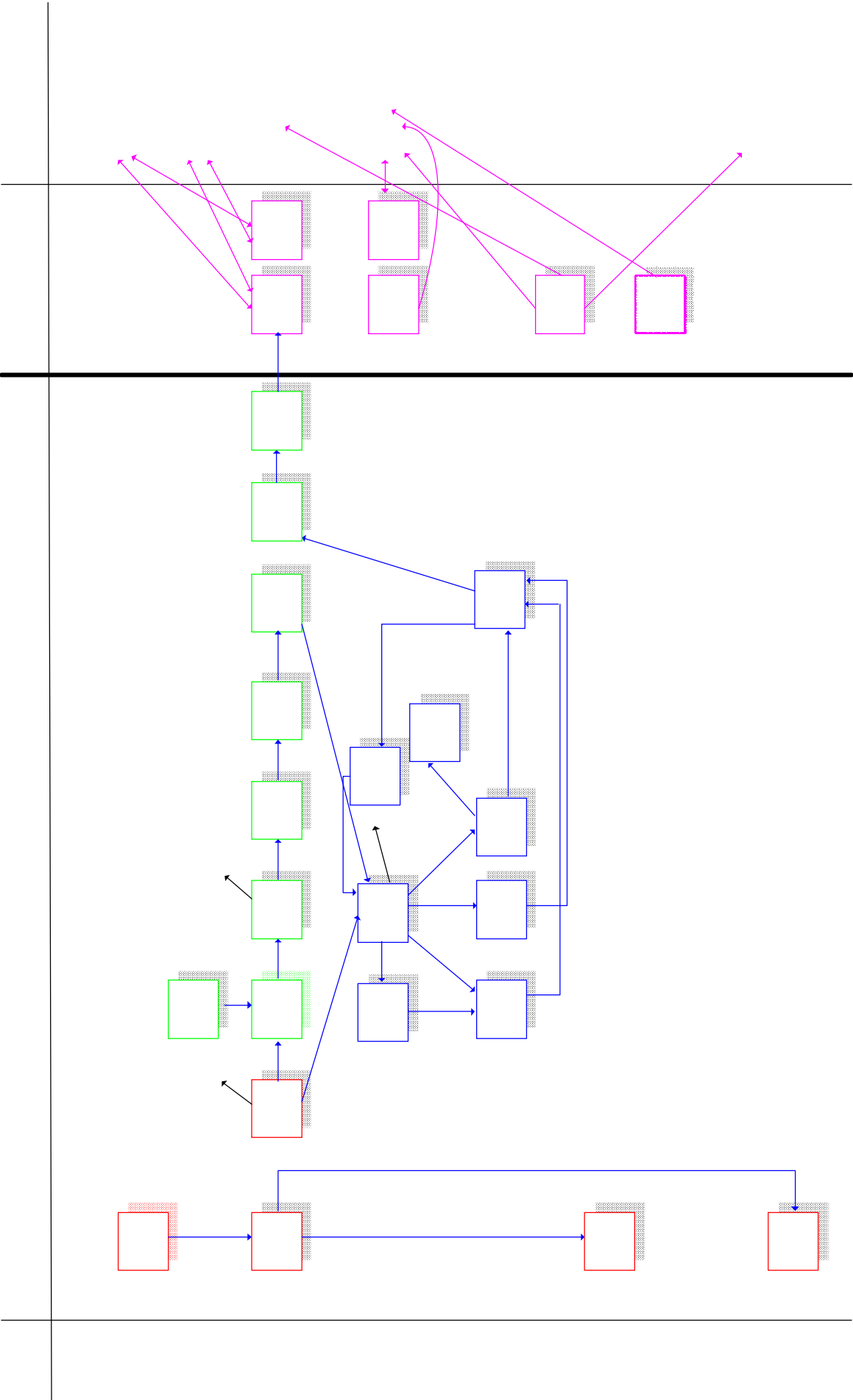
Fortryd Opret ny Gem

Udført

Start GroupWise - Postk... studiebesøg Microsoft PowerP... Effektbasen - Mic... Udredning / Rev... << 11:55

Implementation

- Keep the objective goal in sight
- Ensure this is experienced as 'Joint Action' and not as 'a model' because we had to have one!



Experiences – Continuously Challenges

- We make results
- Hold on to the objective idea.
- Ensure relevance and coherens to the
generel development in the society
- Ensure continuously education
- Ensure engagement in external projects.